

NAME \_\_\_\_\_  
JOB \_\_\_\_\_  
DATE \_\_\_\_\_

# DISCOVERY

## WHY DO I HATE MY JOB?

A grid of 6 rows and 5 columns of dots connected by horizontal lines, intended for mapping motivators.

Six horizontal lines for writing notes.

What you learned:

What actions you are going to take:

How to use:

1. Figure out how important each motivator is to you, and make a map.
2. Think about how much wiggle room you have.
3. What balance could make you happy?

MOTIVATORS:

- GREAT CO-WORKERS
- COMPENSATION
- IMPACT & MEANING
- PERSONAL GROWTH
- PRIDE IN WORK
- TIME OUTSIDE OF WORK